**Possible Sources**

1. **Study on effects of social media on young girls:** [**http://www.apa.org/pubs/journals/releases/dev-48-2-327.pdf**](http://www.apa.org/pubs/journals/releases/dev-48-2-327.pdf)

Facts:

* Online survey of 3,461 north American girls, age 8-12, 2010, Discovery Girls magazine
* Studied relationship between media use and well being
* Negative social well-being has a positive correlation with media use that is focused on interpersonal interaction, and media use that is not
* Video had the strongest correlation
* Media multitasking showed decreased social well-being
* Face-to-face brought about positive well-being

1. **Unraveling new media’s effect on children:** [**http://www.apa.org/monitor/feb03/unraveling.aspx**](http://www.apa.org/monitor/feb03/unraveling.aspx)

Facts:

* Ages 2-18, 5-5.5 hours using media, 1999 Kaiser Family Foundation report called “Kids & Media @ The New Millennium”
* Advertisers dump billions into influencing perceptions "We know very well that they wouldn't be investing the amount of money they do without clear evidence that those messages are influencing kids." Brian L. Wilcox, PhD, chair of APA’s Task Force on Advertising and Children
* Good, can use television to educate children, since children are glued to screens anyway

1. **Social Networking’s Good and Bad Impacts on Kids:** [**http://www.apa.org/news/press/releases/2011/08/social-kids.aspx**](http://www.apa.org/news/press/releases/2011/08/social-kids.aspx)

Facts:

* Parents who monitor kids online interactions aren’t doing any good, presentation at the 119th American Psychological Association(APA) Annual Convention
* BAD: More Facebook use shows more signs of psychological disorders (antisocial, aggressiveness), abuse can lead to anxiety, depression, GOOD: young adults are better at showing virtual empathy, helps introverts socialize, can be used for teaching, talk “Poke Me: How Social Networks Can Both Help and Harm Our Kids” by Larry D. Rosen
* Rosen says that instead of monitoring, talk with child – build trust

1. **Id, ego, superego:** [**http://www.academia.edu/5742134/Psychological\_impact\_of\_Social\_Networking\_Sites\_A\_Psychological\_Theory**](http://www.academia.edu/5742134/Psychological_impact_of_Social_Networking_Sites_A_Psychological_Theory)

Facts:

* NOT GOOD INFO

1. **Social anxiety in the age of social networks:** [**http://www.psychologicalscience.org/index.php/publications/observer/2013/may-june-13/social-anxiety-in-the-age-of-social-networks.html**](http://www.psychologicalscience.org/index.php/publications/observer/2013/may-june-13/social-anxiety-in-the-age-of-social-networks.html)

Facts:

* ½ of adults and ¾ teenagers are active social network users. Perceived usefulness impacts how much people use it, stimulates sharing and relationship building, Thanks to social networks, time and distance isn’t always a big factor in determining a successful relationship, cost of relationship has gone down, American Life Project (study) 2011
* Anti-social or people with low self-esteem can benefit the most from SNS, but they are the least likely to use it, 2008 (study) *The Wired Generation*

1. **The addiction and cost of social media:** [**http://www.huffingtonpost.com/sam-fiorella/social-media-addiction\_b\_2749102.html**](http://www.huffingtonpost.com/sam-fiorella/social-media-addiction_b_2749102.html)

Facts:

* NO GOOD DATA

1. **Survey: Young people who use social media seek fame:** [**http://www.usatoday.com/story/news/nation/2013/04/18/social-media-tweens-fame/2091199/**](http://www.usatoday.com/story/news/nation/2013/04/18/social-media-tweens-fame/2091199/)

Facts:

1. **The Impact of Social Media on Children, Adolescents, and Families:** [**http://pediatrics.aappublications.org/content/127/4/800.full.pdf**](http://pediatrics.aappublications.org/content/127/4/800.full.pdf)
2. **Five days at outdoor education camp without screens improves preteen skills with nonverbal emotion cues:** [**http://www.sciencedirect.com/science/article/pii/S0747563214003227**](http://www.sciencedirect.com/science/article/pii/S0747563214003227)

**(This is an article summarizing the experiment DON’T SITE)** [**http://time.com/3153910/why-access-to-screens-is-lowering-kids-social-skills/**](http://time.com/3153910/why-access-to-screens-is-lowering-kids-social-skills/)

1. **Can always look at** [**http://www.psychologicalscience.org/**](http://www.psychologicalscience.org/) **or** [**www.apa.org**](http://www.apa.org) **or Google Scholar**